

PROVIDING SUPPORT TO MEMBERS SUFFERING FROM CHRONIC BACK PAIN



Allegiance Care Management is committed to providing services that will help you and your family members effectively coordinate your medical needs. Based on current information, you may be eligible for our Back Care program. This program is offered at absolutely no cost to you through your employer health plan. The Back Care program will provide a specialized nurse to assist you with the care and treatment of your chronic back pain.

The program includes:

- Individualized assessment of your health needs
- Expert advice on treatment options
- Coordination of services with in-network providers
- Education on back care and injury prevention
- Assistance to find healthcare specialists in your network
- Enhanced collaboration between your provider and health plan



Allegiance Care Management Back Care program is a confidential benefit provided to you through your health plan at not cost to you. It is designed to help you manage your chronic back pain and improve your health outcomes through one-on-one specialized nursing care.

To learn more about the Back Care program or to enroll,
please contact Allegiance at 1-877-792-7827.