



May 29, 2025



Check Out Your New Wellness Portal

It's finally time! Say hello to your new Wellness Portal, operated by MediKeeper. MediKeeper replaces Sonic Boom as your destination for self-reporting Live Life Well Incentive Activities and more.

Use the NEW Wellness Platform to:

- Self-report completion of your Eligible Provider Visit and Nicotine Free/Cessation Program for the [Live Life Well Incentive](#).

- Complete your Health Assessment to map out your personal wellness journey.
 - Get connected to others with Social Circles, and more!
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[Click to watch this quick tutorial](#) on using the Wellness Portal, or see the instructions below.

How to Register:

- Visit LiveLifeWellMT.medikeeper.com.
- Click on “Or Click Here to Register.”
- Fill in Registration Prompts.
- **Use your name as it appears on your BCBSMT medical ID card.**
- *Accounts cannot be shared. Each State Plan member (employee, retiree, legislator, COBRA enrollee, and their covered spouse/domestic partner) will need to register and create their own account.*

If you are a State of Montana employee on the State network, you can access MediKeeper through Single Sign-On (SSO). Visit benefits.mt.gov/incentive and click on the dark blue button under the MediKeeper section. *Dependents and those not on the State network do not have access to SSO and must follow the registration instructions above.*

Questions?

Contact MediKeeper with any questions on how to register or use the MediKeeper site.

- SupportServices@medikeeper.com
- (888) 721-9231

- TTY 711

[Register on MediKeeper Today!](#)

You may also find complete instructions for registering, tracking your Live Life Well Incentive Activities, and syncing a device at benefits.mt.gov/incentive.

LIVE LIFE WELL WELLNESS PROGRAM

HEALTH CARE & BENEFITS DIVISION

(406) 444-7462 | TTY (406) 444-1421 | Toll Free (800) 287-8266

100 N. Park Ave. Suite 320 | PO Box 200130 | Helena, MT 59620-0130 |

BenefitsQuestions@mt.gov



Non-Discrimination Notice: The State of Montana Benefit Plan complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. 45 C.F.R. § 92.8(b)(1) and (d)(1)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).