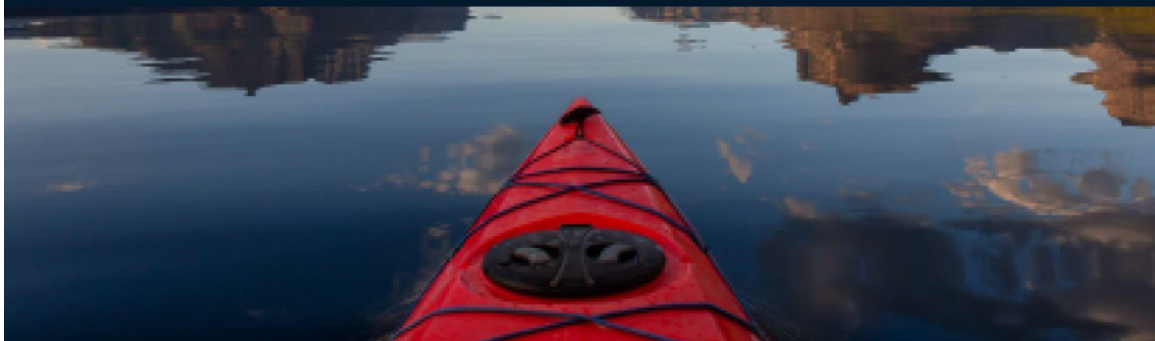




HEALTH CARE &
BENEFITS DIVISION

STATE PLAN OPEN ENROLLMENT



Ready, Set, Enroll

October 24, 2022

Open Enrollment is Here!

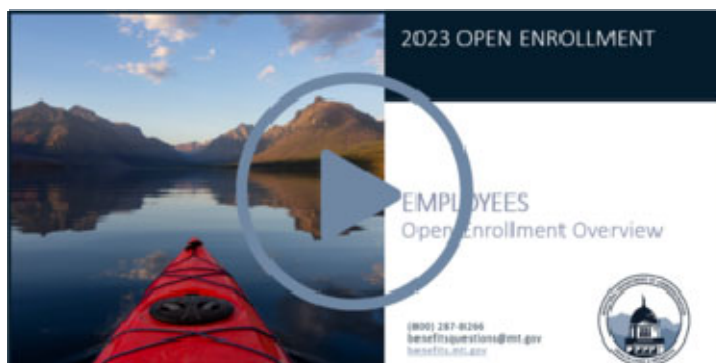
Open Now Through November 5, 2022

[START OPEN ENROLLMENT](#)

Your Annual Opportunity To:

- Update Coverage Elections for Medical and Dental Benefits
- Add/Change Life Insurance
- Add/Waive Long Term Disability
- Add/Remove Dependent Coverage
- Elect or Re-Elect Vision Hardware Plan
- Self Report Tobacco Use
 - You need to annually self-attest your, and if applicable your covered spouse domestic partner's, nicotine use to avoid the \$30 per month Tobacco Surcharge. (This is separate from the Live Life Well nicotine attestation.)
- Elect or Re-Elect Flexible Spending Accounts (FSAs)

Learn About Open Enrollment & 2023 Benefits



Watch the video above for an overview of Open Enrollment and 2023 Benefits.

More Resources

- [Step-by-Step Instructions for How to Enroll](#)
- [Open Enrollment Booklet](#)
- [Open Enrollment Overview Presentation](#)
- More Information at benefits.mt.gov/open-enrollment

Start Open Enrollment

- Go to benefits.mt.gov/open-enrollment, click “Start Open Enrollment” and sign into the system.
- OR
- Enroll using the MyChoice Mobile App
 - First time app users will need to setup secure account access by scanning their unique QR code which is available on the home page of the enrollment system.



After Open Enrollment ends, you cannot change your benefit elections for 2023, unless you experience an eligible life event, like a change in your marital status, a new baby or child in the family, or the loss of other healthcare coverage.

You need to complete Open Enrollment by November 5.

STATE OF MONTANA HEALTH CARE AND BENEFITS DIVISION

(406) 444-7462 | TTY (406) 444-1421 | Toll Free (800) 287-8266

100 N. Park Ave. Suite 320 | PO Box 200130 | Helena, MT 59620-0130 | benefitsquestions@mt.gov

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).

This service is provided to you at no charge by [State of Montana Health Care & Benefits Division](#).