



December 16, 2024

A New Wellness Portal is Coming!

State Plan members, it's time to get excited! You'll have a brand new, revamped, and value-added Wellness Portal in 2025! We're still working out the details, so hang tight.

You can still access our [current Wellness Portal, Sonic Boom](#), through December 31, 2024 at 11:59 p.m. PST. After that date, you'll need to wait until the new Portal is up and running to self-report your Live Life Well Incentive Activities. We anticipate the new Portal to be available in February 2025.

We'll keep State Plan members updated with emails and mailings.

More Information

1. The last day you will be able to access the current Sonic Boom portal is December 31, 2024 at 11:59 p.m. PST.
2. If you want to download any of your information from the [Sonic Boom portal](#), you must do it no later than December 31, 2024.
 - If you've completed the Health Risk Intervention (HRI) on the [Sonic Boom portal](#) and want to download your results, log in to the [Sonic Boom portal](#).
 - Click on the My Health Panel (heart icon in top-right corner),
 - Click View to select your Last Result.



- Click Print Report at the top of the page.
 - If you have any other questions about how to retrieve your data on the [Sonic Boom portal](#), contact Sonic Boom at info@sbwell.com.
3. Any Activities entered into the Sonic Boom Portal for the current Live Life Well Incentive period (November 1, 2024 to December 31, 2024) will be carried forward into the new portal.
 - You may take a screen shot from the Sonic Boom site of your current and previous year's Live Life Well Incentive Activities for your records.
 4. Continue to work towards completing your Live Life Well Incentive Activities. You will be able to self-report those as soon as the new Wellness Portal is up and running.
 5. Stay tuned! We will be sending more information about the new portal as soon as possible.

For the most up-to-date information, visit benefits.mt.gov/incentive.

LIVE LIFE WELL WELLNESS PROGRAM

HEALTH CARE & BENEFITS DIVISION

(406) 444-7462 | TTY (406) 444-1421 | Toll Free (800) 287-8266

100 N. Park Ave. Suite 320 | PO Box 200130 | Helena, MT 59620-0130 | benefitsquestions@mt.gov



Non-Discrimination Notice: The State of Montana Benefit Plan complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. 45 C.F.R. § 92.8(b)(1) and (d)(1)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).