



HEALTH CARE & BENEFITS DIVISION

June 21, 2022

State of Montana Benefit Plan Members:

Take Control of Your Health



Hometown MTm is here to help.

Whether you're navigating a complex medication regimen or simply curious about becoming a healthier version of you, Hometown MTm provides you with a key piece of the puzzle. Visit hometownmtm.com to learn more.

"I appreciate the support and options provided. Very kind staff! The low cost testing supplies have been such a blessing! It has helped my ability to lower my blood sugar and manage it better! Thank you!"

– State of Montana Employee Beneficiary

Assistance With:

- **Cost Savings** - We can help you save money and time through medication and supplies discount programs.
- **Medication Review** - Ensure you are taking the right medications with a personalized medication review.

- **Asthma & Diabetes Care** - Professional guidance for asthma or diabetes management. \$0 copay and reduced-cost diabetes testing supplies. Reduced copays on asthma medications.

Ask Them:

- “What time of the day should I take my medications for them to work best?”
- “Why does my doctor want me to take a medication for cholesterol when I do not have bad cholesterol?”
- “Am I using my inhaler correctly?”
- “I have a doctor’s appointment coming up, what questions should I be asking?”

“Every time I receive a call the person on the other end is always cheerful and engaged in what I have to say and can offer information that can help me get better at fighting asthma.”

– State of Montana Employee Beneficiary

Let's Talk!

Optimize your health and save money - at no additional charge.

Get [started online](#) or call (406) 298-4140, option 1.



The Hometown MTm Team | hometownmtm.com | Take Control of Your Health