



January 18, 2023

Join the (Less) Sweet New Year Challenge!

As we say goodbye to 2023, are you also ready to say goodbye to some of the sugar in your diet?

Register Now!

Join others on the State Plan in kicking off 2024 by kicking the sugar habit. Not only will you have a healthier start to your new year, but you'll also be entered to win great prizes! Registration is open now! The Challenge begins January 26 and runs until March 3, 2024.

Log in and click on "Contests" at som.app.sbwel.com.

For assistance using the Sonic Boom site:

Sonic Boom Wellness

Telephone: (877) 766-4208

E-mail: info@sbwell.com

You can also find more details at benefits.mt.gov/challenges.

