August 27, 2025

The Live Life Well Incentive is worth $60 per month in 2026!

The Live Life Well (LLW) Incentive is your opportunity to earn $60 per month off your monthly State Plan benefit contribution in 2026. Double your LLW Incentive if a covered spouse or domestic partner also earns the LLW Incentive. You must complete all three activities between November 1, 2024 and October 31, 2025 to earn a LLW Incentive for 2026.

What is the Difference Between a State-sponsored Health Screening and an Eligible Provider Visit?

This question is a common source of confusion for State Plan members about earning the Live Life Well Incentive. ***Both are required as part of earning the Live Life Well Incentive!***

State-sponsored Health Screening

A State-sponsored Health Screening is a blood draw and biometric measurement. Staff will draw your blood, do a height and weight measurement, and take your blood pressure.

This appointment will take place on-site at a Montana Health Center or an off-site event operated by eHealthScreenings (a Premise Health company).

Eligible Provider Visit

An Eligible Provider Visit is an annual physical examination with a **medical provider. It is usually done in-person.** This is not an acute or urgent care visit (i.e. cold, flu, or injury), it is an annual checkup.

To earn the Incentive, you must complete all three Live Life Well Incentive Activities by

October 31, 2025

1. Complete a State-sponsored Health Screening
2. Self-report Nicotine Free status or completion of an eligible alternative
3. Self-report completion of an Eligible Provider Visit

Employees, retirees, legislators, COBRA participants, and their enrolled spouses/domestic partners are eligible for the Live Life Well Incentive.

Click here for Live Life Well Incentive Details

LIVE LIFE WELL WELLNESS PROGRAM

HEALTH CARE & BENEFITS DIVISION

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).

This service is provided to you at no charge by State of Montana Health Care & Benefits Division.