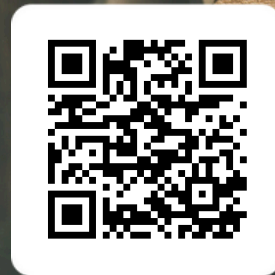


Holiday Gift for You Contest



Scan to Sign Up!



Treat yourself to the gift of self-care! It's a treat to yourself and those who depend on you to be healthy. Join the contest today.

How it works

The purpose of this contest is to encourage personal wellbeing. Each of the four weeks you will focus on a specific self-care technique.

Earn a chance at some great prizes like a Kindle Fire, wireless speakers, wireless ear buds, coolers, and more!

SIGN UP! Login to your Sonic Boom account at som.app.sbwel.com/contests. Go to the Holiday Gift for You contest. Then select the "Join contest" button, and BOOM – you're ready to go!

More details at benefits.mt.gov/challenges.

Important dates

- Signups: November 11, 2024
- Contest Starts: November 18, 2024
- Contest Ends: December 13, 2024