



November 9, 2023

## Eating Disorders & Weight Stigma

*Offered by the Eating Disorder Center of Montana*

Have you ever wondered if your relationship with food or your body is normal? Join team members from the Eating Disorder Center of Montana (EDCMT) for a short presentation on the warning signs and symptoms of eating disorders, and to learn more about diet culture and weight stigma and how they may be impacting your health.

The Eating Disorder Center of Montana offers the highest level of eating disorder treatment available in the state, at locations in Bozeman and Missoula. EDCMT treats ages 12 years and over across three levels of care, leading patients to uncover the root causes of their eating disorder and find a steady, attainable way back to wholehearted living.

**When:** November 15, 2023, 10:00 a.m.-11:00 a.m.

**Location:** Zoom Webinar

**To Join:** [Click here on the day and time of the presentation](#) - passcode is 477330

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### More Upcoming Well-Being Events:

- [Yoga](#) - Every Friday at 11:30 a.m.
- [Holiday Holdout Challenge](#) - November 20 - December 15, 2023. Register starting November 13, 2023!

**Events are open to all eligible State Plan members!**

[Click here for more information](#)