



Meet the presenters

Delta Dental of California and affiliated companies



Jessica Saurino Buehler, DDS Principal Dental Affairs

Bio Jessica Saurino Buehler earned her doctorate degree from the University of Colorado School of Dental Medicine and then completed a General Practice Residency at University of Washington Medical Center. She is especially passionate about teaching patients and community members about the science behind oral health because she has observed many patients make life-altering positive changes as a result of their new understanding. In her non-working life, Jessica is an outdoor enthusiast and loves to travel with her husband and children.

Experience Dr. Buehler practiced dentistry outside of Seattle for 14 years, where she became a Regional Clinical Director for a large group practice and supervised over 80 dentists, dental specialists, and dental hygienists in two states prior to joining Delta Dental of California to lead the Clinical Quality Program.



Afton Ellis Cowen, DMD Manager, Clinical Quality & Dental Affairs

Bio Afton Ellis Cowen earned her doctorate degree from the University of Connecticut School of Dental Medicine and then completed an Advanced Education in General Dentistry Residency at Lutheran Medical Center and a Master of Science in Health Informatics at the University of Alabama at Birmingham. In her non-working life, Afton enjoys trying out new vegan recipes, experimenting with home décor and spending time with her husband and twin sons. She resides in the Atlanta, Georgia metropolitan area.

Experience Dr. Cowen practiced dentistry for nine years prior to joining Delta Dental as a Dental Consultant. She dedicated most of her clinical career to providing care to underserved communities and served as Dental Director of a network of Federally Qualified Health Center (FQHC) locations in central Alabama. Dr. Cowen has been working with Delta Dental for three years and currently serves as Manager of Clinical Quality & Dental Affairs.