



HEALTH CARE & BENEFITS DIVISION

November 20, 2025

Unlock Savings with My Health Navigator

Whether faced with asthma, diabetes, or another situation entirely, My Health Navigator will help you track down the best medication option for both your health and your wallet. My Health Navigator staff is here to help you lower your prescription costs and identify the safest and most effective medications for your needs.

Eligible State Plan Members have access to My Health Navigator at no additional cost.

My Health Navigator is not available if you have Medicare as your primary insurer.

Asthma*		MY HEALTH NAVIGATOR™
Co-Pay for Non-Participating State Plan Members		State Plan + MYHN
• Arnuity Ellipta • Asmanex HFA • Asmanex DPI • Advair HFA • Breo Ellipta • Dulera HFA* • Wixela or Fluticasone/Salmeterol Diskus • Trelegy* • Budesonide/Formoterol or Breyna • Montelukast Granule Pack • Zafirlukast Tablet	\$50/30 day supply \$100/90 day supply	\$15/30 day supply \$30/90 day supply Save up to \$280 per year*
• Budesonide Nebulizer Suspension • Fluticasone/Salmeterol Inhaler • Montelukast • Montelukast Tablet	\$15/30 day supply \$30/90 day supply	\$0/30 day supply \$0/90 day supply Save up to \$120 per year*

Assumes 4 - 90 day supply fills per year.

*Both inhalers have a coupon available that we offer to members enrolled in the program.

*When enrolled in State Plan Medical Benefits & participating in the My Health Navigator program.

Diabetes

MY HEALTH
NAVIGATOR

Co-Pay for Non-Participating
State Plan Members

State Plan + MYHN

- FreeStyle Libre 3 Plus
- Freestyle Libre 2 Sensor \$50/30 day supply
- Freestyle Libre 3 Sensor \$100/90 day supply
- Freestyle Libre Sensor
- Dexcom G6 Sensor
- Dexcom G7 Sensor

\$15/30 day supply
\$30/90 day supply

Save up to
\$280
per year*

For all sensors: quantity limit of 3 sensors/30 days (Dexcom), 2 sensors /28 days (Freestyle), prior authorization (exception) required if member is not currently using insulin.

*Prices & co-pay amounts represent approximate patient costs. Your costs will vary based on your specific situation.

*When enrolled in State Plan Medical Benefits & participating in the My Health Navigator program.

Enroll Today!

My Health Navigator offers personalized guidance that helps you save money on medications, proactively manage your health, and navigate a complicated healthcare system. Whether you use prescription or over-the-counter medications, supplements, or just have questions about your health, they can help.

Take charge of your health by enrolling at MyHealthNavigator.net or call (406) 780-8018 or TTY 711.

STATE OF MONTANA HEALTH CARE & BENEFITS DIVISION

(406) 444-7462 | TTY (406) 444-1421 | Toll Free (800) 287-8266

125 N. Roberts St. Room 104 | PO Box 200130 | Helena, MT 59620-0130 | BenefitsQuestions@mt.gov

Non-Discrimination Notice: The State of Montana Benefit Plan complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. 45 C.F.R. § 92.8(b)(1) and (d)(1)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).

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