



December 13, 2023



More than half of adults have back and joint pain.*

GET EXPERT HELP



Hello,

A lot of my patients don't think of their sore back, stiff knees, or weak ankle as painful. But those same issues hold them back from things like getting in and out of their cars easily, lifting groceries and kids, or sleeping well at night.

Here's the thing: If muscle, back, or joint issues are holding you back from everyday activities, Hinge Health can help. The programs are available at no additional cost to you, and Hinge Health makes it simple to get started addressing pain.

Getting started is easy:

1. [Join Here](#)
2. **Receive Kit**
3. **Start Sessions on Your Schedule**

Don't wait a moment longer if you've been dealing with pain, stiffness, or injury. Enroll today at hingehealth.com/for/stateofmontana, call (855) 902-2777 or email hello@hingehealth.com.



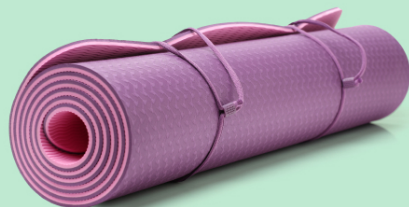
Warm Regards,

Dr. Jeffery Krauss, MD

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P.S. Join today and get a complimentary yoga mat!*

*Restrictions apply



STATE OF MONTANA HEALTH CARE & BENEFITS DIVISION

(406) 444-7462 | TTY (406) 444-1421 | Toll Free (800) 287-8266

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).

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