Understanding Your Benefits - August 2022

Understanding Health Insurance Lingo

Watch this month’s presentation to learn the definition of common health insurance terms to help you better understand your State Plan benefits.

To help members better understand their State of Montana Benefit Plan (State Plan) benefits, the Health Care & Benefits Division is providing monthly “Understanding Your Benefits” presentations. These presentations are designed to provide State Plan information regarding specific benefit related topics in short easy to understand videos.

Check out previous presentations here.