

State of Montana Benefit Plan (State Plan) Breastfeeding Benefits

Please read this completely so you know what to expect and what is covered.

- Breast feeding/lactation support and counseling: Reimbursement for services to support breast
 feeding is available when provided by a Certified Lactation Consultant (CLC) or International Board
 Certified Lactation Consultant (IBCLC) under the general supervision of an in-network provider
 (licensed physician or a licensed mid-level practitioner).
 - Covered services provided by in-network providers are covered at 100% of the allowed amount.
 - Covered services provided by out-of-network providers have a separate deductible, coinsurance, and maximum out-of-pocket amount. Plus, any amount charged above the allowed amount can be balance-billed to you. Out-of-network benefits are separate from In-Network benefits. <u>Please reference the State of Montana Benefit Plan Wrap Plan</u> document for complete details.
 - The in-network provider will submit the claim for services directly to BlueCross & BlueShield.
- Breast pump and Breastfeeding Supplies: Reimbursement for one breast pump per birth event and breastfeeding supplies are available as listed below.

Covered Breastfeeding Supplies

- Tubing for breast pump
- Adapter for breast pump
- Cap for breast pump bottle
- Breast shield and splash protector for use with breast pump
- Polycarbonate bottle for use with breast pump, replacement
- Locking ring for breast pump
- o Breast pump, manual, any type
- Breast pump, electric (AC and/or DC), any type
- Breast pump, hospital grade, electric (AC and/or DC), any type – rental for up to 1 year.
- Storage bags
- Cleaning wipes, cleaning bags sterilization kit only
- Creams, ointments, and other products that relieve breasts or nipples
- Bottles reasonable amount for storage, usually 10-12 bottles
- Breast Pads

Not-Covered Breastfeeding Supplies

Breastfeeding equipment and supplies not listed underneath the "Covered Breastfeeding supplies" section. This includes, but is not limited to:

- Infant scales
- Batteries, battery-powered adaptors, and battery packs*
- Bottles, nipples, caps and lids which are not specific to breast pump operation*
- Ice-packs, labels, labeling lids, and other similar products*
- Nursing bras and garments for convenience
- Breast pump cleaning supplies (except those outlined in what's covered)
- Stand-alone travel bags/carrying case and other similar travel or carrying accessories*

*Some items are covered if they come bundled by the manufacturer with the breast pump. They cannot be reimbursed if purchased as separate items.



To Get a Breast Pump and Supplies:

- An in-network provider may submit the claim on your behalf.
- If using an out-of-network provider, including retail locations, you will need to submit the claim by using the Medical Claim form: bcbsmt.com/docs/forms/claim/mt/medical-claim-mt.pdf
 - O Complete all fields of the form and attach the receipt. Make a copy for your records.
 - O Mail the completed form and receipt to the address listed.
- Please work with your provider to find a breast pump that best suits your individual needs.

For any additional questions, please contact BlueCross BlueShield of Montana at (888) 901-4989 or the Health Care and Benefits Division at (800) 287-8266 or benefitsquestions@mt.gov.

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