



January 25, 2024

Support for Your Mental Health When and Where You Need It

The Montana Health Center offers dedicated virtual behavioral health services from licensed clinical counselors and licensed clinical social workers.

These virtual behavioral health services are available to all State Plan members living in Montana, even those without access to a physical health center location.

Asking for help is difficult for some, especially when seeking behavioral health support. Your Montana Health Center provides a safe place to receive professional assistance and treatment. Sessions are entirely confidential, and providers are accepting new patients!



Behavioral conditions vary widely, but common conditions treated include:

- Anxiety
- Depression
- Stress Management
- PTSD
- ADHD
- Grief
- Adjustment Challenges
- Substance Use

- Work/Life Balance
- Family Conflict
- Sleep Issues

Let's talk about what you need and how we can help

Visit healthcenter.mt.gov/Behavioral-Health to learn more and see the providers.

To schedule an appointment:

MyPremiseHealth.com - **MyPremiseHealth App** - (855) 200-6822