

Fruit Salad Recipe

This non-fat fruit salad makes a very colorful and delicious dessert. **Feel free to experiment with any variety of your favorite fruits in combinations that sound pleasing to you.** *You may add confectioner's sugar to taste or substitute Grand Marnier for the orange juice as you choose.* Also excellent over waffles, pancakes, vanilla frozen yogurt or ice cream.

Total Time: 15 minutes

Ingredients:

- 2 Tablespoons lime juice
- 3 Tablespoons Grand Marnier liquor
- 3 Tablespoons apricot jam (or other if you don't have apricot)
- 1 cup mandarin orange sections, drained if canned
- 1 cup seedless grapes
- 1 cup hulled strawberries, cut in half
- 1 cup blueberries
- 1 cup chopped apple
- 1 cup fresh or canned pineapple (optional)

Preparation:

Place lime juice, orange juice, and apricot jam in a small bowl. Whisk until combined. Set aside.

Place mandarin oranges, grapes, strawberries, blueberries, and apples into a large bowl. Drizzle on the dressing and gently toss to coat all of the fruit.

Refrigerate fruit salad 1 hour before serving.

Yield: About 7 servings