

2012 Health Screenings and Discount

To Register:

Visit www.benefits.mt.gov/wellness.mcpX and click on "Register for Health Screenings."

Returning Users: Click "Login," enter user name and password, then use **Company Code: 3711786**. If needed use **"Forgot Password/User ID"** at sign in.

First Time Users: Click "Create An Account." Have a copy of your benefits card, and know the company code: **3711786**. **NOTE:** You must click "Create An Account" for each new person registering for a screening; **an e-mail address may only be used for one account**. *If you share an e-mail address, one account can be created online and the other may be set up by calling It Starts With Me, number listed below.*

REMEMBER! \$5 Discount

The discount for the 2013 plan year requires participation in a State of Montana-sponsored screening **in 2012**. To get a \$5/month discount, the member must attend a health screening in 2012. To get a \$10/month discount, the member and a spouse or dependent age 18 or older covered on the plan must attend a health screening during 2012. The maximum discount is \$10 per month.

For questions, please see our Frequently Asked Questions (FAQs) at www.benefits.mt.gov/wellness.mcpX.

Important! Go to a health screening early. Screenings run January to November. **November will be here before you know it!**

For assistance with registration (making an appointment) contact: It Starts With Me
(866) 932-6467 (10 AM – 4 PM MST)
info@itstartswithme.com

Bring a photo ID and your benefits card to your screening.

For assistance with benefit questions
Health Care and Benefits Division
(406) 444-7462, (800) 287-8266,
TTY (406) 444-1421
benefitsquestions@mt.gov

| Date | Time | City | Location |
|---|---------------|--------------|---|
| Billings area | | | |
| 4/10/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| 4/11/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| 4/12/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| 9/18/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| 9/19/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| 9/20/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| 9/21/12 | 6:30-10:30 AM | Billings | C'mon Inn - Bighorn Room |
| Bozeman area - Livingston | | | |
| 8/29/12 | 6:30-10:30 AM | Bozeman | Wingate Inn |
| 8/30/12 | 6:30-10:30 AM | Bozeman | Wingate Inn |
| 10/11/12 | 6:30-10:30 AM | Livingston* | Best Western Yellowstone Inn |
| 10/12/12 | 6:30-10:30 AM | Bozeman* | Wingate Inn |
| Butte/Deer Lodge area - Anaconda, Dillon, Sheridan, Warm Springs | | | |
| 2/1/12 | 6:30-10:30 AM | Anaconda | Fairmont Hot Springs |
| 2/2/12 | 6:30-10:30 AM | Anaconda | Fairmont Hot Springs |
| 2/3/12 | 6:30-10:30 AM | Anaconda | Fairmont Hot Springs |
| 3/29/12 | 6:30-10:30 AM | Dillon | TBA |
| 4/6/12 | 6:30-10:30 AM | Sheridan | The Moraine Center - Ste 106 |
| 7/10/12 | 6:30-10:30 AM | Warm Springs | MSH - Program Support Building Rms A&B |
| 7/11/12 | 6:30-10:30 AM | Warm Springs | MSH - Program Support Building Rms A&B |
| 7/12/12 | 6:30-10:30 AM | Deer Lodge | DOC Training Center |
| 7/13/12 | 6:30-10:30 AM | Deer Lodge | DOC Training Center |
| 7/17/12 | 6:30-10:30 AM | Anaconda | Fairmont Hot Springs |
| 8/21/12 | 6:30-10:30 AM | Dillon | UM Mathews Hall - Lewis & Clark Room |
| 8/22/12 | 6:30-10:30 AM | Butte | La Quinta Inn - Rocky Mtn Room |
| 8/23/12 | 6:30-10:30 AM | Butte | La Quinta Inn - Rocky Mtn Room |
| 8/24/12 | 6:30-10:30 AM | Butte | La Quinta Inn - Rocky Mtn Room |
| 11/9/12 | 5:30-10:30 AM | Deer Lodge | MSP - Wallace Building Large Classroom |
| Glasgow/Wolf Point area | | | |
| 5/1/12 | 6:30-10:30 AM | Wolf Point | First Lutheran Church - 415 Johnson St. |
| 5/2/12 | 6:30-10:30 AM | Wolf Point | First Lutheran Church - 415 Johnson St. |
| 5/7/12 | 6:30-10:30 AM | Glasgow | Cottonwood Inn |
| 5/8/12 | 6:30-10:30 AM | Glasgow | Cottonwood Inn |
| Glendive/Miles City/Sidney area | | | |
| 4/13/12 | 6:30-10:30 AM | Miles City | Holiday Inn Express-Meeting Room |
| 4/16/12 | 6:30-10:30 AM | Miles City | Holiday Inn Express-Meeting Room |
| 4/17/12 | 6:30-10:30 AM | Miles City | Holiday Inn Express-Meeting Room |
| 4/20/12 | 6:30-10:30 AM | Glendive | Comfort Inn |
| 4/23/12 | 6:30-10:30 AM | Glendive | Comfort Inn |
| 4/26/12 | 7:00-10:00 AM | Sidney | USDA - ARS Meeting Room |
| 11/7/12 | 6:30-10:30 AM | Miles City | Holiday Inn Express-Meeting Room |

*these screenings also have flu shots available

TBA = Location To Be Announced

CONTINUED next page

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| Date | Time | City | Location |
|---|---------------|----------------|---|
| Great Falls area - Havre, Lewistown, & Shelby | | | |
| 5/10/12 | 6:30-10:30 AM | Havre | Best Western Great Northern |
| 5/11/12 | 6:30-10:30 AM | Great Falls | School for the Deaf and Blind - 3911 Central Ave. |
| 5/15/12 | 6:30-10:30 AM | Great Falls | School for the Deaf and Blind - 3911 Central Ave. |
| 7/11/12 | 6:30-10:30 AM | Lewistown | Yogo Inn - Snowy Judith Rm |
| 7/12/12 | 6:30-10:30 AM | Great Falls | Best Western Heritage Inn - American Rm |
| 7/13/12 | 6:30-10:30 AM | Great Falls | Best Western Heritage Inn - American Rm |
| 9/6/12 | 6:30-10:30 AM | Shelby | Marias River Electric Co-op - Hospitality Rm |
| 9/11/12 | 6:30-10:30 AM | Havre | Best Western Great Northern |
| 9/25/12 | 6:30-10:30 AM | Lewistown | Yogo Inn - Snowy Judith Rm |
| 9/27/12 | 6:30-10:30 AM | Great Falls | Townhouse Inn - Glacier Rm |
| 9/28/12 | 6:30-10:30 AM | Great Falls | Townhouse Inn - Glacier Rm |
| Helena area - Boulder | | | |
| 1/31/12 - 2/3/12 | 6:30-10:30 AM | Helena | Capital Hill Mall |
| 2/28/12 - 3/2/12 | 6:30-10:30 AM | Helena | Capital Hill Mall |
| 3/28/12 - 3/30/12 | 7:00-10:30 AM | Helena | 2401 Colonial Building - Wilderness Rm. |
| 5/2/12 - 5/4/12 | 6:30-10:30 AM | Helena | Capital Building Rm. 317 |
| 6/12/12 - 6/15/12 | 6:30-10:30 AM | Helena | Capital Building Rm. 317 |
| 7/18/12 | 6:30-10:30 AM | Helena | Capital Building Rm. 317 |
| 7/19/12 | 6:30-10:30 AM | Helena | Capital Building Rm. 317 |
| 7/20/12 | 6:30-10:30 AM | Helena | Capital Building Rm. 317 |
| 8/21/12 | 7:00-10:30 AM | Helena | 2401 Colonial Building - Wilderness Rm. |
| 8/22/12 - 8/24/12 | 6:30-10:30 AM | Helena | Holiday Inn Downtown |
| 9/18/12 | 6:30-10:30 AM | Helena | Cogswell Building Rms. 205/207 |
| 9/19/12 | 6:30-10:30 AM | Helena | Cogswell Building Rms. 205/207 |
| 9/20/12 - 9/21/12 | 6:30-10:30 AM | Helena | Fish, Wildlife, & Parks - Conference Room |
| 10/10/12 | 6:30-10:30 AM | Helena* | MDT Auditorium |
| 10/11/12 | 6:30-10:30 AM | Helena* | MDT Auditorium |
| 10/12/12 | 6:30-10:30 AM | Helena* | MDT Auditorium |
| 10/16/12 | 6:30-10:30 AM | Helena* | Cogswell Building Rms. 205/207 |
| 10/17/12 | 6:30-10:30 AM | Helena* | Cogswell Building Rms. 205/207 |
| 10/18/12 | 6:30-10:30 AM | Helena* | Cogswell Building Rms. 205/207 |
| 10/19/12 | 6:30-10:30 AM | Helena* | Cogswell Building Rms. 205/207 |
| 10/23/12 | 6:30-10:30 AM | Helena* | Holiday Inn - Downtown |
| 10/24/12 | 6:30-10:30 AM | Helena* | Holiday Inn - Downtown |
| 10/25/12 | 6:30-10:30 AM | Helena* | Holiday Inn - Downtown |
| 10/26/12 | 6:30-10:30 AM | Helena* | Holiday Inn - Downtown |
| 10/30/12 | 6:30-10:30 AM | Helena* | Front Street Learning Center |
| 10/31/12 | 6:30-10:30 AM | Helena* | Front Street Learning Center |
| 11/1/12 | 6:30-10:30 AM | Boulder | MDC Multi-purpose room |
| Kalispell area - Columbia Falls, Whitefish, Polson & Libby | | | |
| 2/7/12 | 6:30-10:30 AM | Whitefish | Best Western Rocky Mountain Lodge |
| 2/8/12 | 6:30-10:30 AM | Kalispell | Hampton Inn - Spring Creek A |
| 2/9/12 | 6:30-10:30 AM | Kalispell | Hampton Inn - Spring Creek A |
| 2/10/12 | 6:30-10:30 AM | Kalispell | Hampton Inn - Spring Creek A |
| 4/24/12 | 6:30-10:30 AM | Polson | TBA |
| 4/26/12 | 6:30-10:30 AM | Libby | Libby Council Chambers |
| 9/5/12 | 6:30-10:30 AM | Libby | TBA |
| 9/6/12 | 6:30-10:30 AM | Kalispell | Hampton Inn - Northfork Rm. |
| 9/7/12 | 6:30-10:30 AM | Kalispell | Hampton Inn - Northfork Rm. |
| 10/1/12 | 6:30-10:30 AM | Columbia Falls | VA Chapel |
| 10/2/12 | 6:30-10:30 AM | Columbia Falls | VA Chapel |
| 11/2/12 | 6:30-10:30 AM | Polson | TBA |
| Missoula area - Hamilton | | | |
| 2/14/12 | 6:30-10:30 AM | Missoula | Guesthouse Inn - Ballroom |
| 2/15/12 | 6:30-10:30 AM | Missoula | Guesthouse Inn - Ballroom |
| 2/17/12 | 6:30-10:30AM | Missoula | C'mon Inn - Bighorn Room |
| 6/26/12 | 6:30-10:30 AM | Hamilton | Bitterroot River Inn |
| 6/27/12 | 6:30-10:30 AM | Hamilton | Bitterroot River Inn |
| 7/19/12 | 6:30-10:30 AM | Missoula | Guesthouse Inn - Ballroom |
| 7/20/12 | 6:30-10:30 AM | Missoula | Guesthouse Inn - Ballroom |
| 10/17/12 | 6:30-10:30 AM | Missoula* | C'mon Inn - Bighorn Room |
| 10/18/12 | 6:30-10:30 AM | Missoula* | C'mon Inn - Bighorn Room |
| 10/19/12 | 6:30-10:30 AM | Missoula* | C'mon Inn - Bighorn Room |

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