



May 25, 2018  
Incentive Eligible Activity: Meet Your New Health Coach!

**Dear State Plan Members in the Missoula Area:**

Are you looking for an activity that can help you earn the 2019 Live Life Well Incentive?

Have you been considering health coaching? If so, plan to attend the "Meet Your Health Coach" informal event on May 30 or June 6! Attending this event qualifies as part of an eligible [Next Steps Activity!](#)

**Meet Your Health Coach**

**Dates:** Wednesday, May 30, 3:00 p.m.-5:00 p.m.; OR Wednesday, June 6, 7:30 a.m.-9:00 a.m..

**Location:** Missoula Montana Health Center, 1211 South Reserve Street, Suite 202.

**No registration necessary, please drop by!**

Your health plan includes access to health coaches who are available to work with you to meet YOUR goals and walk beside you on YOUR journey to wellness. Stop by for a visit with your CareHere health coach at the Missoula Montana Health Center. There will be information and handouts, as well as a healthy snack. Our new health coach is also available to you for classes, presentations and individual consults. We look forward to seeing you there!



State of Montana Health Care & Benefits Division

Call (406) 444-7462 or Toll-Free (800) 287-8266

Hearing Impaired TTY (406) 444-1421 - Fax (406) 444-0080

Email [benefitsquestions@mt.gov](mailto:benefitsquestions@mt.gov)

PO Box 200130, 100 N. Park Avenue, Suite 320, Helena, MT 59620-0130

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-999-1062 (TTY: 1-855-999-1063).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-999-1062 (TTY: 1-855-999-1063).