



Health Screenings: Do you need a prescription?

Dear State of Montana Plan Members,

Great news! You can earn a [Live Life Well Incentive](#) again this Plan Year! The first step towards earning your incentive is a [State-sponsored health screening](#). State-sponsored health screenings are a great way to keep track of your health in a cost-effective way for you and for your State of Montana Benefit Plan.

Prior to attending your screening, please check if the following change affects you so your experience is a good one!

NEW FOR 2017

If you need to add the following lab tests to your State-sponsored screening, **you must bring a prescription from your doctor**. The following applies for all plan members (including Medicare-eligible retirees).

- HbA1c
- PSA (PSA's are no longer generally recommended as a preventive test.)
- TSH

NO other additional tests can be added at the off-site screenings. At the Montana Health Centers ONLY - additional lab tests can be added if you bring a prescription with you to your State-sponsored screening. A CBC, CMP, lipid panel and cotinine test are included at both off-site and Montana Health Center screenings.

If you need a prescription, many times you can simply call and request a prescription from your provider's office.

You can find full details on our health screening web page:
<http://healthcenter.mt.gov/Health-Screenings>.

Call (406) 444-7462 or Toll-Free (800) 287-8266

Hearing Impaired TTY (406) 444-1421 - Fax (406) 444-0080

Email benefitsquestions@mt.gov

PO Box 200130, 100 N. Park Avenue, Suite 320, Helena, MT 59620-0130

Non-Discrimination Notice: The State of Montana Benefit Plan complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. 45 C.F.R. § 92.8(b)(1) and (d)(1)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-999-1062 (TTY: 1-855-999-1063).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-999-1062 (TTY: 1-855-999-1063).