



**Governor's Stay Active Challenge: Pacific Crest Trail
REGISTRATION IS OPEN NOW!**



Registration is OPEN for the Governor's Stay Active Challenge!

Don't miss the Governor's Stay Active Challenge this year – we have lots of fun planned!

[Click Here to Register NOW!](#)

2019 Challenge Schedule

April 15 - Registration opens online at <https://benefits.mt.gov/stayactivechallenge>.

April 22 - Governor's Stay Active Challenge Health Fair & Kickoff

April 29 - June 23 - Governor's Stay Active Challenge runs 8 weeks

- NO COST – open to ALL State of Montana Benefit Plan (State Plan) members.
- Completion of the Governor's Stay Active Challenge is an [eligible Next Step Activity!](#)
- Lots of great prizes
- Weekly challenges and recipes
- Improved health
- Fun, new virtual “walking” path (all kinds of activities count!) and more ways to get connected!

Mark your calendar and join us for the Challenge Kick-off and Health Fair in Helena on April 22 from 11:30 a.m. - 1:30 p.m. at the Capital Rotunda.

- A message with DOA Director John Lewis and Governor Bullock at **12:00 p.m.**
- Booths
- Activities
- Prizes
- Giveaways and much more!

Register today!

State of Montana Health Care & Benefits Division

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Hearing Impaired TTY (406) 444-1421 - Fax (406) 444-0080

Email benefitsquestions@mt.gov

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-999-1062 (TTY: 1-855-999-1063).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-999-1062 (TTY: 1-855-999-1063).