



**Governor's Stay Active Challenge: Pacific Crest Trail
REGISTRATION IS OPEN NOW!**



The Stay Active Challenge Begins today!

Don't miss the Governor's Stay Active Challenge this year – we have lots of fun planned! There is still time to register, but get it done TODAY so you don't miss out!

[Click Here to Register NOW!](#)

2019 Challenge Schedule

April 15 - Registration opens online at <https://benefits.mt.gov/stayactivechallenge>.

April 22 - Governor's Stay Active Challenge Health Fair & Kickoff

April 29 - June 23 - Governor's Stay Active Challenge runs 8 weeks

- NO COST – open to ALL State of Montana Benefit Plan (State Plan) members.
- Completion of the Governor's Stay Active Challenge is an [eligible Next Step Activity!](#)
- Lots of great prizes
- Weekly challenges and recipes
- Improved health
- Fun, new virtual “walking” path (all kinds of activities count!) and more ways to get connected!

THANK YOU to everyone who attended the Stay Active Health Fair on April 22! We had lots of fun.



State of Montana Health Care & Benefits Division

Call (406) 444-7462 or Toll-Free (800) 287-8266

Hearing Impaired TTY (406) 444-1421 - Fax (406) 444-0080

Email benefitsquestions@mt.gov

PO Box 200130, 100 N. Park Avenue, Suite 320, Helena, MT 59620-0130

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-999-1062 (TTY: 1-855-999-1063).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-999-1062 (TTY: 1-855-999-1063).