Dear State of Montana Plan Members,

As flu season draws closer, please consider getting your flu shot at a CareHere off-site clinic or a Montana Health Center.

Starting in October, we will be offering flu shot clinics at off-site locations in Helena, Butte, Billings, and Missoula. The purpose behind this is to limit potential exposure to COVID-19 by having healthy plan members attend flu shot clinics outside of the health centers while providing a more streamlined process for getting a flu shot.

Of course, if you have an in-person visit scheduled at a health center, please ask to receive your flu shot during your medical appointment, health screening, or other in-person visit.

**Remember, it is most effective to get the flu shot in early October unless your doctor specifically recommends otherwise.** If you have a special circumstance that requires you to get the flu shot earlier than the beginning of October, please contact CareHere for more information.

If possible, please wait to get your flu shot until the full schedule is announced, as it is least expensive for you and for the State Plan if you get a flu shot through the Montana Health Center.

You can start making your appointments for flu shots in early September once the complete schedule for off-site flu shot clinics is announced. **HCBD will send out another email as soon as the schedule is finalized and appointments are available.**

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**State of Montana Health Care & Benefits Division**

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