BENEFIT ELECTIONS
If you do not complete a benefit election online between October 20, 2017 - November 3, 2017 you and your dependents will be enrolled in the same Medical, Dental, Life, and Long Term Disability coverage in 2018 as you have now. **Vision Hardware and Flexible Spending must be elected each year.** If you fail to re-elect Flexible Spending or the Vision Hardware Plan, that coverage will terminate January 1, 2018.

**HOW TO MAKE BENEFIT ELECTIONS**

**From Work**
» Log into MINE: [https://mine.mt.gov](https://mine.mt.gov).
» Click Human Resources
» Click Benefit Details
» Click Benefits Enrollment
» Be sure to fully submit your elections.

**From Home**
» Click on the MINE Employee Self Service Portal
» Click Human Resources
» Click Benefit Details
» Click Benefits Enrollment
» Be sure to fully submit your elections.

Don’t miss the live, interactive webcasts! See page 3 for details!

**MORE INFO**
- Hearing Impaired TTY (406) 444-1421
- Wrap Plan Document (WPD) with full benefit details
- Webcast enrollment and recorded presentation
- Additional Live Life Well Incentive information
Dear State of Montana Benefit Plan (State Plan) Members,

I’m pleased to announce that due to our innovative work managing healthcare and controlling State Plan spending, monthly out-of-pocket contributions required for State Plan coverage will not increase in 2018. Additionally, the State Plan has been able to minimize benefit changes for 2018, resulting in no change to member deductibles, benefit percentages, office visit/urgent care co-payments, or out-of-pocket maximums.

I want to personally thank you as a member of our self-funded plan for the work you’re doing to stay educated as a healthcare consumer—from getting your health screening done early and saving money with the Live Life Well Incentive Program, to choosing Montana Health Centers for primary care (under 65), and shopping around for the best cost and quality for your medical needs.

The effort you put into managing your health and your health-related expenses results in State Plan savings and allows the State Plan to offer continued benefits with minimal increases to member contributions or cost-sharing.

I am committed to ensuring our State Plan is run as effectively and efficiently as possible while providing quality care and services to all plan members.

Please review the Open Enrollment Booklet and contact the Health Care & Benefits Division at (800) 287-8266, (406) 444-7462, TTY (406) 444-1421, or via email benefitsquestions@mt.gov with questions.

John Lewis, Director
Department of Administration
OPEN ENROLLMENT
A period in which you have the opportunity to make changes to your State Plan benefits for the following Plan Year (January 1 - December 31, 2018). Changes take effect January 1, 2018.

During this year’s Open Enrollment Period, you can add or remove dependent children under age 26 and/or a spouse or domestic partner.

If you do not complete a benefit election online between October 20, 2017 - November 3, 2017 you and your dependents will be enrolled in the same Medical, Dental, Life, and Long Term Disability coverage in 2018 as you have now. **Vision Hardware and Flexible Spending must be elected each year.** If you fail to re-elect Flexible Spending or the Vision Hardware Plan, that coverage will terminate January 1, 2018.

LIVE, INTERACTIVE WEBCASTS
*Closed Captioning available on all webcasts.*
- Tuesday, October 17, 2017 - 10:00 am
- Wednesday, October 18, 2017 - 2:00 pm
- Thursday, October 19, 2017 - 1:00 pm

TO WATCH OPEN ENROLLMENT PRESENTATIONS:
2. Pick the date you would like to participate. (You don’t need to pre-register.)
3. Click on the Join Skype meeting link.

ON-DEMAND PRESENTATION

BENEFITS ENROLLMENT SYSTEM OPEN

**REMINDER:** You must complete an Open Enrollment election if you wish to re-elect Flexible Spending or the Vision Hardware Plan.
YOUR 2018
MONTHLY CONTRIBUTION COSTS

There is no increase to your monthly benefit contribution for 2018! The chart below shows what you will pay monthly.

MEDICAL/DENTAL/VISION HARDWARE
Your out of pocket costs after the Employer Contribution is applied.

<table>
<thead>
<tr>
<th>Plans</th>
<th>Core Benefits (See below)</th>
<th>Optional Dental</th>
<th>Vision Hardware</th>
<th>Potential Live Life Well Incentive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Only</td>
<td>$30.00</td>
<td>-</td>
<td>+$7.64</td>
<td>up to $30 off</td>
</tr>
<tr>
<td>Employee &amp; Spouse</td>
<td>$250.00</td>
<td>+$21.40</td>
<td>+$14.42</td>
<td>up to $60 off</td>
</tr>
<tr>
<td>Employee &amp; Child(ren)</td>
<td>$101.00</td>
<td>+$19.90</td>
<td>+$15.18</td>
<td>up to $30 off</td>
</tr>
<tr>
<td>Employee &amp; Family</td>
<td>$327.00</td>
<td>+$28.90</td>
<td>+$22.26</td>
<td>up to $60 off</td>
</tr>
<tr>
<td>Joint Core (Per Employee)</td>
<td>$30.00</td>
<td>-</td>
<td>+$11.13</td>
<td>up to $30 off</td>
</tr>
</tbody>
</table>

Core Benefits Include: Medical, Prescription, Basic Vision ($10 copay for an eye exam/member at a participating provider), Employee Only Dental, and Basic Life.

FLEXIBLE SPENDING ACCOUNTS (FSA)
- $2.26/month fee
- optional $1/month fee for debit card (active flex election required)
- Medical FSA - $120 - $2,600/employee per year + up to $500 rollover
- Dependent Care (Daycare) FSA - $120 - $5,000/household per year

LIFE INSURANCE

<table>
<thead>
<tr>
<th>Plans</th>
<th>Monthly Contributions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Supplemental Life</td>
<td>(every $1,000 of coverage) x (Age Rate*)</td>
</tr>
<tr>
<td>AD&amp;D Employee Only</td>
<td>$0.020 / $1,000 of coverage</td>
</tr>
<tr>
<td>AD&amp;D Employee Plus Dependents</td>
<td>$0.030 / $1,000 of coverage</td>
</tr>
<tr>
<td>Dependent Life</td>
<td>$0.44 per month</td>
</tr>
<tr>
<td>Spouse Supplemental Life</td>
<td>(every $1,000 of coverage) x (Age Rate*)</td>
</tr>
</tbody>
</table>

*See Age Rates at www.benefits.mt.gov/Life-and-Accident/Life-Insurance-Rates.

LONG TERM DISABILITY
$9.90/member per month AFTER TAX for active employees only.
APPLIED BEHAVIOR ANALYSIS (ABA) TREATMENT
The State of Montana has adopted a licensing process for ABA therapists. Effective 04/01/18, the State Plan will only pay ABA claims submitted by a licensed ABA therapist.

CHOLESTEROL MEDICATION (STATINS)
Effective 01/01/18, the Affordable Care Act (ACA) requires cholesterol medicines like Lipitor or similar equivalents to be covered as preventative treatment at no member copay. The Navitus formulary will apply. Additional questions should be directed to Navitus at (866) 333-2757 or www.navitus.com.

DIABETIC TEST STRIPS
Effective 01/01/18 all diabetic test strips will apply a Tier 2 ($50) copay under the Navitus prescription drug program. The Navitus formulary will apply. Additional questions should be directed to Navitus at (866) 333-2757 or www.navitus.com.

MEDICAL FSA LIMIT INCREASE
The IRS has increased the annual limit allowed for Medical FSA contributions from $2,550 to $2,600. Plan members may now contribute $2,600 annually to their Medical FSA.

NON-AMBULANCE TRAVEL BENEFIT
The non-ambulance travel benefit was added to the State Plan effective 07/01/16 as a way to assist members who may need to travel to a non-participating facility (hospital) for services. Effective 01/01/18, the non-ambulance travel benefit is being removed from the State Plan due to the fact all facilities (hospitals) within the State of Montana are participating with the State Plan.

For complete details about State Plan coverage, refer to the Wrap Plan Document (WPD) at www.benefits.mt.gov or by request at (800) 287-8266, TTY (406) 444-1421 or benefitsquestions@mt.gov.
AIR AMBULANCE TRANSPORTATION

The Montana Legislature passed Senate Bill 44 which pertains to emergent flights provided by non-participating air ambulance transport companies not controlled by a Montana hospital. Emergency care for SB 44 means care that is necessary to stabilize a patient for transfer to another hospital or medical unit within a hospital. Transferring a patient between hospitals on a fixed wing flight would not typically be considered “emergent” care under SB 44. The bill requires the State Plan to make payment based on billed charges, a negotiated amount, or the participating provider contracted amount. If either party (State Plan or air transport company) does not like the required payment amount, either party can take the other party to dispute resolution. The State Plan pays any emergent transport at 250% Medicare (participating provider amount). In this case a member is held harmless except for their deductible, etc. In the event a member receives a non-emergent transport by a non-participating air ambulance transport company, the member may still be balance billed. Contact Allegiance (855) 999-1057 with any questions about air ambulance transportation coverage or participating air transport companies.

FLEXIBLE SPENDING ACCOUNTS - DEBIT CARDS

Debit cards are only available during Plan Years in which you have an active FSA election. If you do not elect to participate in the FSA for the 2018 Plan Year, your debit card will be terminated as of January 1, 2018. Roll over does not count as an active FSA election.

PARTICIPATING PROVIDERS

Participating providers and facilities have contracted with Allegiance in Montana and Cigna outside of Montana to accept a low, fair rate for your care. Check if your provider and/or facility are participating before you go! Visit www.askallegiance.com/som or (855) 999-1057.

RETAIL PHARMACY FILL - REMINDER

Did you know you can now get up to a 90 day supply of medication from your retail pharmacy for two copays? This same benefit is available to you when utilizing the State Plan Mail Order Pharmacies: COSTCO Mail Order Pharmacy, MiRx Mail Order Pharmacy, or Ridgeway Mail Order Pharmacy. Contact Navitus for additional details.

For complete details about State Plan coverage, refer to the Wrap Plan Document (WPD) at www.benefits.mt.gov or by request at (800) 287-8266, TTY (406) 444-1421 or benefitsquestions@mt.gov.
NEW THIS YEAR!
You must complete all 3 activities (health screening, be nicotine free (or self-report an alternative), and self-report a Next Step activity) between November 1, 2017 and October 31, 2018 to earn ANY incentive.

HEALTH SCREENING INCENTIVE
Have a State-sponsored health screening at a Montana Health Center. Health screening appointments are subject to availability. Make an appointment at www.carehere.com or call (855) 200-6822.

NICOTINE FREE INCENTIVE
You are required to self-report your nicotine use at www.myactivehealth.com/som. If you self-report that you use nicotine, and you would like to earn the incentive, you must complete and self-report that you have completed one of two alternatives:

- Complete a nicotine cessation program; or
- Have a nicotine education session with your primary care provider.

NEXT STEP INCENTIVE
Complete an eligible activity related to your health screening results and self-report it at www.myactivehealth.com/som by October 31, 2018.

The State Plan offers the incentive program to all plan members and their enrolled spouse/domestic partner. If you think you may be unable to meet a standard of the incentive program, you may qualify for an alternative program or different means to earn the incentive. You must contact the Health Care & Benefits Division (HCBD) as soon as possible at 800-287-8266 or email livelifewell@mt.gov. We will work with you (and if you wish, your doctor) to design a program with the same incentive that is right for you.

We will maintain the privacy of your personally identifiable health information. Medical information that personally identifies you and that is provided through the incentive program will not be used to make decisions regarding your employment. Your health information shall only be disclosed to carry out specific activities related to the incentive program (such as responding to your request for a reasonable accommodation). You will not be asked or required to waive the confidentiality of your health information to participate or to receive an incentive. Anyone who receives your information for purposes of providing you services through the incentive program will abide by the same confidentiality requirements.

We securely maintain all electronically stored medical information we obtain through the incentive program, and will take appropriate precautions to avoid a data breach. If a data breach does occur involving information you provided to us for the incentive program, we will notify you immediately.

A copy of the Plan’s privacy notice is available on the HCBD website or by going to http://benefits.mt.gov/Portals/59/Documents/hipaa%20notice.pdf.
Language Assistance – General Taglines

State of Montana is required by federal law to provide the following information.

Language Assistance

1800 855 5999

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-855-999-1062 (TTY: 1-855-999-1063).


注意：如果您使用简体中文，您可以免费获得语言援助服务。请致电 1-855-999-1062（TTY：1-855-999-1063）


State of Montana complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status.

State of Montana does not exclude people or treat them differently because of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. State of Montana provides free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). State of Montana provides free language services to people whose primary language is not English such as: qualified interpreters and information written in other languages. If you need these services, contact customer service at 855-999-1062. If you believe that State of Montana has failed to provide these services or discriminated in another way on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status you can file a grievance. If you need help filing a grievance, John Pavao, State Diversity Coordinator, is available to help you. You can file a grievance in person or by mail, fax, or email:

John Pavao, State Diversity Program Coordinator  
Department of Administration  
State Human Resources Division  
125 N. Roberts  
P.O. Box 200127  
Helena, MT 59620  
Phone: (406) 444-3984  
Email: jpavao@mt.gov

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)